

### Parent Series 2023-24 Calendar

Parent classes will be virtual unless otherwise noted.

Complete all classes in a series to receive a \$25 gift card and earn volunteer hours.

To sign up for a series, please contact Adrienne Williams at (954) 463-8772, ext. 264, or adriennewilliams@jackandjillcenter.org

### Financial Literacy & Couponing Series (Presented by Consolidated Credit, Inc.)

Thursdays, September 14<sup>th</sup>, September 28<sup>th</sup>, October 5<sup>th</sup>, October 19<sup>th</sup>, October 26<sup>th</sup> 6:30 PM - 7:30 PM

and Thursday, October 12th 5:30 PM-6:30 PM

Topics: Investment Basics (stocks, bonds, cryptocurrency, etc.), Budgeting and Saving, Rebuilding Credit, Couponing, Your Rights as a Renter, Teaching Children about Money and the Difference between Wants and Needs.

#### First Time Home Buyers Workshop (Presented by The Urban League of Broward)

Tuesdays, October 24, November 7, 14, and 28, 2023.

6:30 PM -8:30 PM

Complete all 4 sessions to receive a HUD certificate that is good for 1 year. This class is a step-by-step guide for buying your first home. Learn about city, county and state purchase assistance programs for eligible low-to-moderate income families.

#### Nurturing Parenting Series (Earn \$50 gift card for completing this series)

Thursdays, January 25 - March 28, 2024

6:30 PM - 8:00 PM

Topics: Positive Discipline Strategies, Stress Management, Communicating with Respect, Building a Child's Self-Worth, Family Morals, Values and Rules, Child Development

# **Individual Monthly Financial Coaching (Presented by Consolidated Credit, Inc)**

Starting in January 2024 (Date & Time TBA)

A Financial Coach will be available to help you with your financial goals, including budgeting, saving, improving credit, etc. Complete a minimum of 4 sessions and have \$50 deposited into your bank account. Earn 1 volunteer hour per session.



# **Cooking Matters**

March 12- April 16 2024

6:30pm-7:30pm

Learn to cook foods that are healthy and yummy, while staying on budget. You'll receive kits for each recipe, so you can cook along with the instructor.

#### **Health & Wellness Series**

April- May 2024- Dates TBD

6:30 PM - 7:30 PM

Topics: Impact of Financial Stress on Health and Ways to Help, Exercise Variety Class, Mental Wellness, Keeping Children Safe/Internet Safety

\*Dates, times and classes offered are subject to change.











